

**ADJUTANT GENERAL'S BRANCH**  
**ARMY WELFARE EDUCATION SOCIETY**

**Pilot Wellness Program for Army Public Schools - SHAPE by Mahadevsth Technologies Pvt. Ltd.**

1. This is to inform that a pilot proposal has been approved for implementation on a payment basis across various Army Public Schools. **The schools are advised to undertake this as a Pilot Project for one full academic year, purely on a voluntary basis for students.**

2. Detailed feedback of the project is to be submitted initially every month for three months and thereafter on quarterly basis.

3. The initiative includes a comprehensive content library, student group sessions, parent and teacher group sessions, and non-academic staff sessions aimed at enhancing overall well-being. Below are the deliverables and key details of the program:

**4. Deliverables: (FLAG A)**

I. **Content Library:** AVs and Infographic Contents for Parents and Teachers (Digital) – Complimentary.

II. **Student Group Sessions** (Grades 1-12):

- a. 1st to 4th Grade: 2 Digital + 2 Physical sessions.
- b. 5th to 8th Grade: 4 Digital + 2 Physical sessions.
- c. 9th to 12th Grade: 10 Digital + 2 Physical sessions.

III. **Parents Group Sessions:**

- a. 2 Digital sessions per batch (standard-wise).
- b. Teachers Group Sessions (in batches of max 50 teachers):
- c. 2 Digital + 2 Physical sessions.
- d. Non-Academic Staff Group Sessions (in batches of max 50 staff):
- e. 2 Physical sessions.

IV. **Diagnostics:**

- a. Screening Tests for students (5th Grade onwards) – 1 Digital session.

V. **Evaluation & Healing:**

- a. Individualized Counseling by visiting counselors (physical sessions as per student strength).

**5. Pilot Period: Terms and Conditions (Flag A)**

- a. **Price: INR 400 per student, per academic session (inclusive of 18% GST).(Special Discount rate applicable to Army Public Schools)**
- b. **Payment Terms: To be mutually decided.**
- c. **Accommodation: To be provided by APS for visiting counselors.**
- d. **Food: To be arranged by APS for visiting counselors.**

6. As part of the Pilot Program, following schools are encouraged to roll out the proposed wellness program SHAPE by Mahadevsth Technologies Pvt. Ltd:

1. **Western Command:** Delhi NCR: APS Noida, APS Ambala, APS Hisar, APS Fazilka
2. **Central Command:** APS Meerut, APS Lucknow (LBS Marg, SP Marg), APS Faizabad, APS Prayagraj
3. **Northern Command:** APS Kanpur
4. **Southern Western Command:** APS Jaipur

7. It is recommended that participation by students for assessments or any part of the program remains voluntary. This will allow students to opt in based on their needs and interests, ensuring that only those who feel comfortable and wish to engage in the program participate.